

CROWN MEDICAL PRACTICE





September
2025

Practice News

New Way to Access Care at Crown Medical Practice!


We're excited to introduce Anima – our new online consultation and triage system!  

From [insert launch date], all patient requests will go through Anima – whether submitted by you online or by our team on your behalf.

-  **Faster responses**
-  **Smarter prioritisation**
-  **Easier access to the right care**

 **Submit your request via our website or speak to reception if you need help.**

Let's make your healthcare journey smoother and more efficient! 



we would like to wish a warm welcome to our
newest member of the Clinical Team at Crown
Medical
DR ASHLEY WILSON

Doctors

**Dr Anitha John
Dr Paul Joshi
Dr Shiny Sam
Dr Shama Sood
Dr Rachel McGrath
Dr Ashley Wilson**

Advanced clinicians

**Elaine Sherrin-Jones
Janette Nicholson
Alison Davies
Advanced Paramedic Practitioner
David Sheldon-Moore**

Nursing team

**Practice nurses
Kerrie Clemons
Karen Thompson**

**Nurse Associate
Claire Peace**

**Healthcare assistant
Jo Holmes**

Using the NHS App

Did you know that we sometimes send you messages via your NHS App? If you're not registered, now is the time to sign up!

It's never been easier to see your notifications. You can you also access 111 if you're looking for further medical advice. Check whether you need to access urgent medical care, or you may want to visit your GP following the steps in the app. <https://digital.nhs.uk/services/nhs-app/toolkit/walk-through-videos>

Back to school

After a long summer, it can be difficult to settle back into the routine of early wake-ups and getting back to school. There are a few tips you can follow to help make it a little easier.

- Establish a sleep routine before school starts
- Always eat a good breakfast
- Try to get some exercise
- Prepare uniforms, bags and books the night before
- Discuss any emotions

If your child is transitioning from primary school to secondary, or starting school for the first time, this can be an especially anxious time. Help them adjust confidently by taking them to shop for their uniform and supplies, practising the routine before the day, visiting the school, and talking about any challenges they might have. The first day is always the hardest but after a few days, they will soon find their feet.

Find more helpful advice here:

<https://www.southwestyorkshire.nhs.uk/wp-content/uploads/2020/07/CAMHS-going-back-to-school.pdf>

Catch-up vaccines

Measles, mumps and rubella are highly infectious illnesses, with potentially life-changing complications, that can easily spread between unvaccinated people. Children need two doses of the safe and effective MMR vaccine. Both doses are needed to ensure full and lasting protection against measles, mumps and rubella. If your child has missed either of these two doses, please contact us for an appointment. It's never too late to catch up and protect those around you.